PSALM 122. Laetatus sum.



I was glad when they said 'unto 'me : We will 'go into the 'house of the 'Lord.

- ★ 2 Our' feet shall' stand' in thy 'gates: 'O Je'rusalem.
 - 3 Jerusalem is 'built as a 'city: that is at 'unity' in it'self.
 - 4 For thither the tribes go up, even the 'tribes of the 'Lord: to testify unto Israel, to give thanks 'unto the 'Name of the 'Lord.

2nd 5 For there is the 'seat of 'judgement: even the 'seat of the 'house of Part' David.

- 6 O pray for the 'peace of Je'rusalem: they shall 'prosper that 'love 'thee.
- 7 Peace be with'in thy 'walls: and 'plenteousness with'in thy 'palaces.
- 8 For my brethren and com'panions' sakes: I will wish thee prosperity.
- 9 Yea because of the house of the 'Lord our' God: I will' seek to 'do thee' good.



Ps. 122. vs. 2 Our feet shall stand in thy gates: O'-Je'rusa'lem.

PSALM 123. Ad te levavi oculos meos.



Unto thee lift I'up mine'eyes: O thou that'dwellest'in the'heavens.

- 2 Behold, even as the eyes of servants look unto the hand of their masters, and as the eyes of a maiden unto the hand of her 'mistress: even so our eyes wait upon the Lord our God, until 'he have 'mercy up'on us.
- 3 Have mercy upon us, O Lord have 'mercy up'on us: for 'we are 'utterly des'pised.
- 4 Our soul is filled with the scornful re'proof of the' wealthy: and with the de'spitefulness' of the' proud.

PSALM 124. Nisi quia Dominus.



- If the Lord himself had not been on our side, now may 'Israel' say: if the Lord himself had not been on our side when 'men rose 'up a'gainst us;
- 2 They had swallowed 'us up 'quick: when they were so 'wrathfully dis-'pleas-ed' at us.
- 3 Yea the 'waters had 'drowned us : and the 'stream had gone 'over our'soul.
- 4 The deep'waters of the proud: had gone even our soul.



- 5 But praised' be the 'Lord: who hath not given us over for a 'prey 'unto their' teeth.
- 6 Our soul is escaped, even as a bird out of the 'snare of the 'fowler: the snare is 'broken and 'we' are de'livered.
- 7 Our help standeth in the 'Name of the 'Lord: who hath 'made 'heaven and 'earth.

PSALM 125. Qui confidunt.



They that put their trust in the Lord shall be even 'as the mount' Sion: which may not be removed but' standeth' fast for 'ever.

- 2 The hills stand a'bout Je'rusalem: even so standeth the Lord round about his people, from this time' forth for ever more.
- 3 For the rod of the ungodly, cometh not into the 'lot of the 'righteous: lest the righteous' put their 'hand unto 'wickedness.
- 4 Do'well O'Lord: unto those that are good and true of heart.
- 5 As for such as turn back unto their 'own' wickedness: the Lord shall lead them forth with the evil-doers, but 'peace shall' be upon' Israel.

DAY 27. EVENING PRAYER.

PSALM 126. In convertendo.



When the Lord turned again the cap'tivity of 'Sion: then were we 'like unto' them that 'dream.

- 2 Then was our mouth 'filled with 'laughter: and 'our 'tongue with 'joy.
- 3 Then said they a'mong the 'heathen: The 'Lord hath done 'great things' for them.
- 4 Yea, the Lord hath done great things' for us al'ready: where'of 'we re'joice.
- 5 Turn our cap'tivity O'Lord: as the 'rivers' in the 'south.
- 6 They that sow in tears : shall reap in joy.

2nd Part

7 He that now goeth on his way weeping, and beareth' forth good 'seed: shall doubtless come again with joy and' bring his' sheaves 'with him.

209

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PSALM 127. Nisi Dominus.



Except the Lord 'build the 'house : their labour 'is but 'lost that 'build it.

- 2 Except the Lord' keep the 'city: the watchman' waketh' but in 'vain.
- 3 It is but lost labour that ye haste to rise up early, and so late take rest, and eat the 'bread of 'carefulness: for so he giveth 'his be'lov-ed 'sleep.
- 4 Lo children and the 'fruit of the 'womb: are an heritage and gift that 'cometh' of the 'Lord.
- 5 Like as the arrows in the 'hand of the 'giant: even so 'are the 'young' children.
- 6 Happy is the man that hath his quiver' full of 'them: they shall not be ashamed, when they speak with their' enemies' in the 'gate.

PSALM 128. Beati omnes.



BLESSED are all they that 'fear the' Lord: and 'walk in' his' ways.

- 2 For thou shalt eat the labours' of thine 'hands: O well is thee and 'happy' shalt thou' be.
- 3 Thy wife shall be as the 'fruitful' vine: up'on the 'walls of thine 'house.

- ★ 4 Thy children 'like the' olive branches: 'round a'bout thy 'table.
 - 5 Lo thus shall the 'man be' blessed: that 'fear'eth the 'Lord.
 - 6 The Lord from out of Sion shall 'so' bless thee: that thou shalt see Jerusalem in prosperity 'all thy' life' long.

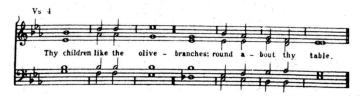
2nd 7 Yea that thou shalt see thy 'children's 'children: and 'peace up'on Part 'Israel.

PSALM 129. Saepe expugnaverunt.



Many a time have they fought against me from my'youth'up : may 'Israel'now'say.

- 2 Yea many a time have they vexed me from my 'youth' up: but they have 'not pre'vailed a'gainst me.
- 3 The plowers plowed up'on my back; and made long furrows.
- 4 But the 'righteous' Lord: hath hewn the 'snares of the un'godly in 'pieces.
- 5 Let them be confounded and 'turned' backward: as many as have 'evil' will at' Sion.
- 6 Let them be even as the grass growing up'on the 'house-tops: which withereth a'fore it be 'pluck-ed'up;
- 7 Whereof the mower filleth' not his' hand: neither he that bindeth 'up the' sheaves his' bosom.
- 8 So that they who go by, say not so much as The 'Lord' prosper you: we wish you good' luck in the 'Name of the 'Lord.



Ps. 128. vs. 4 Thy children like the 'olive' branches: round'—a'bout thy 'table.

PSALM 130. De profundis.



Slow.

- p Our of the deep have I called unto 'thee O'Lord: Lord'hear'my 'voice.
 - 2 O let thine ears con'sider' well: the voice of 'my com'plaint.
 - 3 If thou Lord wilt be extreme to mark what is 'done a'miss: O'Lord who' may a'bide it?
 - 4 For there is 'mercy with' thee: therefore 'shalt' thou be 'feared.
 - 5 I look for the Lord, my'soul doth' wait for him: in his' word is 'my'trust.
 - 6 My soul fleeth' unto the 'Lord: before the morning watch, I say be'fore the 'morning' watch.



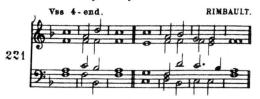
- f 7 O Israel trust in the Lord, for with the Lord'there is' mercy: and with him is' plenteous re'demption.
 - 8 And he shall re'deem' Israel: from'all'his' sins.

PSALM 131. Domine, non est.



Slow.

- p Lord I am'not high'minded: I have'no'proud'looks.
 - 2 I do not exercise myself in 'great' matters: which 'are too' high for 'me.
 - 3 But I refrain my soul and keep it low, like as a child that is wean-ed 'from his' mother: yea my soul is even 'as a' wean-ed' child.



f 4 O Israel'trust in the 'Lord: from this time' forth for 'ever'more.

DAY 28. MORNING PRAYER.

PSALM 132. Memento, Domine.



Lord re'member 'David : and 'all 'his 'trouble;

- 2 How he sware 'unto the 'Lord: and vowed a vow unto the Al'mighty 'God of 'Jacob;
- 3 I will not come within the tabernacle of mine house: nor climb up into my bed;
- 4 I will not suffer mine eyes to sleep nor mine 'eye-lids to 'slumber: neither the temples of my 'head to 'take any 'rest;



- 5 Until I find out a place for the 'temple of the 'Lord: an habitation for the 'mighty' God of 'Jacob.
- 6 Lo we heard of the 'same at 'Ephrata: and 'found it' in the 'wood.
- 7 We will go'into his'tabernacle: and fall low on our'knees be'fore his' footstool.



- 8 Arise O Lord'into thy'resting-place: thou and the'ark of'thy 'strength.
- 9 Let thy priests be'clothed with' righteousness: and let thy' saints 'sing with' joyfulness.
- 10 For thy servant' David's 'sake : turn not away the 'presence of 'thine A'nointed.
- 11 The Lord hath made a faithful 'oath unto 'David: and he 'shall not 'shrink' from it;
- 12 Of the fruit of thy body: shall I set up on thy seat.
- 13 If thy children will keep my covenant, and my testimonies that 'I shall' learn them: their children also shall sit upon thy' seat for 'ever'more.
- 14 For the Lord hath chosen Sion to be an habitation 'for him'self: he hath 'long-ed' for 'her.
- 15 This shall be my'rest for'ever: here will I dwell, for I'have a de-'light there'in.
- 16 I will bless her 'victuals with 'increase : and will 'satisfy her 'poor with 'bread.

- 17 I will deck her 'priests with 'health : and her 'saints shall re'joice and 'sing.
- 18 There shall I make the horn of 'David to 'flourish: I have ordained a 'lantern for 'mine A'nointed.
- 19 As for his enemies, I shall 'clothe them with 'shame : but upon him'self shall his 'crown' flourish.

PSALM 133. Ecce, quam bonum!



Behold how good and joyful a'thing it'is : brethren to'dwell to-'gether in'unity!

- 2 It is like the precious ointment upon the head, that ran down 'unto the 'beard : even unto Aaron's beard, and went 'down to the 'skirts of his' clothing.
- 3 Like as the 'dew of 'Hermon: which fell up'on the 'hill of 'Sion.
- 4 For there the Lord' promised his' blessing: and' life for ever'more.

PSALM 134. Ecce nunc.



Behold now 'praise the 'Lord: all ye 'servants' of the 'Lord;

- 2 Ye that by night stand in the 'house of the 'Lord: even in the courts of the 'house of 'our' God.
- 3 Lift up your hands'in the sanctuary: and praise'—the Lord.
- 4 The Lord that made 'heaven and 'earth: give thee 'blessing' out of 'Sion.

PSALM 135. Laudate Nomen.



- O PRAISE the Lord, laud ye the 'Name of the 'Lord: praise it O ye 'servants' of the 'Lord;
- 2 Ye that stand in the 'house of the 'Lord: in the 'courts of the 'house of our 'God.
- 3 O praise the Lord for the 'Lord is 'gracious: O sing praises unto his 'Name for 'it is 'lovely.
- 4 For why? the Lord hath chosen Jacob' unto him'self: and Israel 'for his' own pos'session.

2nd Part

- 5 For I know that the 'Lord is 'great: and that our Lord' is a'bove all 'gods.
- 6 Whatsoever the Lord pleased, that did he in heaven and in earth: and in the sea and in all deep places.
- 7 He bringeth forth the clouds from the 'ends of the 'world: and sendeth forth lightnings with the rain, bringing the 'winds' out of his 'treasures.
- 8 He smote the 'first-born of 'Egypt: both of 'man' and 'beast.
- 9 He hath sent tokens and wonders into the midst of thee, O thou 'land of' Egypt: upon' Pharaoh and 'all his' servants.
- 10 He smote 'divers 'nations : and 'slew 'mighty 'kings;
- 11 Sehon king of the Amorites, and Og the 'king of 'Basan: and 'all the 'kingdoms of 'Canaan;

2nd Part

- 12 And gave their land to'be an'heritage: even an heritage'unto 'Israel his' people.
- 13 Thy Name O Lord en'dureth for 'ever : so doth thy memorial O Lord, from one gene'ration 'to an'other.
- 14 For the Lord will a'venge his' people: and be' gracious' unto his 'servants.
- 15 As for the images of the heathen, they are but 'silver and 'gold: the 'work of 'men's 'hands.

- 16 They have 'mouths and 'speak not : eyes ' have they 'but they 'see not.
- 17 They have ears and 'yet they 'hear not: neither is there 'any 'breath in their 'mouths.
- 18 They that make them are like 'unto' them: and so are all' they that 'put their' trust in them.
- 19 Praise the Lord ye'house of 'Israel: praise the 'Lord ye'house of 'Aaron.
- 20 Praise the Lord ye' house of 'Levi: ye that fear the 'Lord 'praise the 'Lord.
- 2nd Pt. 21 Praised be the Lord'out of 'Sion: who'dwelleth'at Je'rusalem.

DAY 28. EVENING PRAYER.

PSALM 136. Confitemini.



- O GIVE thanks unto the Lord for 'he is 'gracious : and his 'mercy en-
- 2 O give thanks unto the God of 'all 'gods: for his 'mercy en-'dureth for 'ever.
- 3 O thank the Lord of 'all'lords: for his 'mercy en'dureth for 'ever.



- 4 Who only 'doeth great' wonders: for his 'mercy en'dureth for 'ever.
- 5 Who by his excellent wisdom 'made the 'heavens: for his 'mercy en-'dureth for 'ever.
- 6 Who laid out the earth a'bove the' waters: for his' mercy en'dureth for' ever.



- 7 Who hath 'made great 'lights: for his 'mercy en'dureth for 'ever;
- 8 The sun to 'rule the 'day: for his 'mercy en'dureth for 'ever
- 9 The moon and the stars to govern the night: for his mercy endureth for ever.



- 10 Who smote Egypt 'with their 'first-born : for his 'mercy en'dureth for 'ever;
- 11 And brought out Israel' from a'mong them : for his' mercy en' dureth for' ever;
- 12 With a mighty hand and 'stretched out 'arm: for his 'mercy en'dureth for 'ever.



- 13 Who divided the Red sea in 'two' parts: for his 'mercy en-'dureth for 'ever;
- 14 And made Israel to 'go through the 'midst of it: for his 'mercy en'dureth for 'ever.
- 15 But as for Pharaoh and his host, he overthrew them in the 'Red' sea: for his 'mercy en'dureth for 'ever.



- 16 Who led his people' through the 'wilderness: for his 'mercy en-'dureth for 'ever.
- 17 Who smote 'great 'kings: for his 'mercy en'dureth for 'ever;
- 18 Yea and slew' mighty' kings: for his' mercy en'dureth for' ever;
- 19 Sehon'king of the' Amorites: for his' mercy en'dureth for' ever;
- 20 And Og the 'king of 'Basan: for his 'mercy en'dureth for 'ever;
- 21 And gave away their land 'for an 'heritage : for his 'mercy en-'dureth for 'ever;
- 22 Even for an heritage unto 'Israel his' servant: for his' mercy en'dureth for' ever.



- 23 Who remembered us when we'were in'trouble: for his' mercy en'dureth for'ever;
- 24 And hath delivered us'from our'enemies : for his'mercy en-'dureth for'ever.
- 25 Who giveth food to 'all' flesh: for his 'mercy en'dureth for 'ever.



- 26 O give thanks unto the 'God of 'heaven: for his 'mercy en'dureth for 'ever.
- 27 O give thanks unto the 'Lord of 'lords: for his' mercy en'dureth for 'ever.

PSALM 137. Super flumina.



Slow. Single Chant.

- by the waters of Babylon we sat 'down and 'wept: when we re'membered 'thee O'Sion.
 - 2 As for our harps we 'hanged them 'up: upon the 'trees that 'are there'in.
 - 3 For they that led us away captive required of us then a song, and melody'in our'heaviness: Sing us'one of the'songs of'Sion.
- ★ 4 How shall we'sing the'Lord's'song:'in a'strange'land?
 - 5 If I forget thee 'O Je'rusalem: let my right 'hand for'get her 'cunning.
 - 6 If I do not remember thee, let my tongue cleave to the 'roof of my 'mouth: yea if I prefer not Je'rusalem' in my 'mirth.
 - [7 Remember the children of Edom O Lord, in the 'day of Je'rusalem: how they said, Down with it, down with it, 'even' to the 'ground.
 - 8 O daughter of Babylon' wasted with' misery: yea happy shall he be that rewardeth thee, as' thou hast' serv-ed' us.
 - 9 Blessed shall he be that 'taketh thy 'children: and 'throweth them a'gainst the 'stones.]



4 How shall we sing the 'Lord's ' song : .in '-a' strange 'land?

PSALM 138. Confitebor tibi.



- I WILL give thanks unto thee O Lord, with my'whole'heart: even before the gods will I sing'praise'unto'thee.
- 2 I will worship toward thy holy temple and praise thy Name, because of thy loving'kindness and 'truth: for thou hast magnified thy Name and thy 'word a'bove' all things.
- 3 When I called upon'thee thou'heardest me: and enduedst my 'soul with' much' strength.
- 4 All the kings of the earth shall 'praise thee O' Lord: for they have 'heard the' words of thy 'mouth.
- 5 Yea they shall sing in the 'ways of the 'Lord: that great is the 'glory 'of the 'Lord.
- 6 For though the Lord be high, yet hath he respect unto the lowly: as for the proud, he beholdeth them a far off.
- 7 Though I walk in the midst of trouble, yet shalt 'thou re'fresh me: thou shalt stretch forth thy hand upon the furiousness of mine enemies, and thy 'right' hand shall 'save me.
- 8 The Lord shall make good his loving'kindness' toward me: yea thy mercy O Lord endureth for ever, despise not then the 'works of thine' own 'hands.

DAY 29. MORNING PRAYER.

PSALM 139. Domine, probasti.



- O Lord thou hast searched me'out and'known me: thou knowest my down-sitting and mine up-rising, thou understandest my'thoughts 'long be'fore.
- 2 Thou art about my path and a'bout my' bed: and' spiest out' all my 'ways.



- 3 For lo there is not a word 'in my 'tongue : but thou O Lord 'knowest it'alto'gether.
- 4 Thou hast fashioned me be'hind and be'fore: and ' laid thine ' hand up'on me.

2nd Part

- 5 Such knowledge is too wonderful and 'excellent' for me: I 'cannot at'tain unto'it.
- 6 Whither shall I go then 'from thy 'Spirit: or whither shall I 'go then' from thy 'presence?
- 7 If I climb up into heaven'thou art'there: if I go down to hell 'thou art'there'also.
- 8 If I take the 'wings of the 'morning: and remain in the 'uttermost 'parts of the 'sea;
- 9 Even there also shall 'thy hand 'lead me : and 'thy right 'hand shall 'hold me.
- 10 If I say, Peradventure the 'darkness shall' cover me: then shall my 'night be' turned to'day.
- 11 Yea the darkness is no darkness with thee, but the night is as 'clear as the' day: the darkness and light to' thee are' both a'like.
- 12 For my'reins are'thine: thou hast covered me'in my'mother's 'womb.
- 13 I will give thanks unto thee, for I am fearfully and wonderfully 'made: marvellous are thy works, and that my 'soul 'knoweth right' well.
- 14 My bones are not'hid from'thee: though I be made secretly, and 'fashioned be'neath in the 'earth.
- 15 Thine eyes did see my substance yet 'being un'perfect : and in thy book were 'all my 'members' written;

2nd 16 Which day by 'day were' fashioned: when as yet' there was Part 'none of' them.

- 17 How dear are thy counsels unto 'me O'God: O how' great is the 'sum of 'them!
- 18 If I tell them, they are more in number'than the'sand: when I wake up'I am' present with' thee.
- 19 Wilt thou not slay the 'wicked O'God: depart from 'me ye 'blood-thirsty'men.
- 20 For they speak un'righteously a'gainst thee : and thine enemies 'take thy' Name in 'vain.
- 21 Do not I hate them O Lord that 'hate' thee: and am not I grieved with those that 'rise' up a'gainst thee?
- 22 Yea I'hate them right'sore : even as'though they'were mine 'enemies.
- 23 Try me O God, and seek the ground of my heart: prove me and examine my thoughts.
- 24 Look well if there be any way of 'wickedness' in me: and lead me in the 'way' ever'lasting.

PSALM 140. Eripe me, Domine.



- DELIVER me O Lord from the 'evil' man: and preserve me' from the 'wicked' man.
- 2 Who imagine mischief 'in their 'hearts : and stir up 'strife 'all the day 'long.
- 3 They have sharpened their tongues 'like a 'serpent: adders' 'poison is 'under their 'lips.
- 4 Keep me O Lord from the 'hands of the un'godly: preserve me from the wicked men, who are purposed to 'over'throw my 'goings.
- 5 The proud have laid a snare for me, and spread a net a'broad with 'cords: yea and set'traps in'my'way.



- 6 I said unto the Lord, Thou'art my'God: hear the'voice of my 'prayers O'Lord.
- 7 O Lord God, thou strength of my health: thou hast covered my head in the day of battle.
- 8 Let not the ungodly have his de'sire O'Lord: let not his mischievous imagination prosper' lest they' be too' proud.
- [9 Let the mischief of their own lips fall upon the 'head of 'them: that 'compass' me a'bout.
- 10 Let hot burning coals 'fall up'on them: let them be cast into the fire and into the pit, that they 'never rise' up a'gain.]
- 11 A man full of words shall not prosper up'on the 'earth: evil shall hunt the wicked 'person to 'over'throw him.
- 12 Sure I am that the Lord will a'venge the' poor: and main'tain the 'cause of the' helpless.
- 13 The righteous also shall give thanks 'unto thy' Name: and the just shall con'tinue in' thy' sight.





LORD I call upon thee, haste thee' unto 'me: and consider my voice when I'cry' unto 'thee.

- 2 Let my prayer be set forth in thy sight 'as the 'incense: and let the lifting up of my hands' be an 'evening' sacrifice.
- 3 Set a watch O Lord be'fore my' mouth: and' keep the' door of my 'lips.

- 4 O let not mine heart be inclined to any 'evil' thing: let me not be occupied in ungodly works with the men that work wickedness, lest I'eat of such' things as 'please them.
- ★ 5 Let the righteous 'rather' smite me' friendly: 'and re'prove' me.
 - 6 But let not their precious balms' break my' head: yea I will pray 'yet a'gainst their' wickedness.
 - [7 Let their judges be overthrown in 'stony' places: that they may hear my' words for 'they are' sweet.
 - 8 Our bones lie scattered be'fore the 'pit: like as when one breaketh and heweth 'wood up'on the 'earth.]
 - 9 But mine eyes look unto thee O'Lord'God: in thee is my trust O 'cast not'out my'soul.
 - 10 Keep me from the snare that 'they have 'laid for me : and from the 'traps of the' wicked 'doers.
- 2nd 11 Let the ungodly fall into their own'nets to'gether: and'let me Part 'ever es'cape them.

DAY 29. EVENING PRAYER.

PSALM 142. Voce mea ad Dominum.



Slow.

- I CRIED unto the Lord' with my' voice: yea even unto the Lord did I 'make my' suppli'cation.
- 2 I poured out my com'plaints be'fore him: and'shewed him' of my 'trouble.



5 Let the righteous rather'smite me'friendly: and'-re'prove'me.



- 3 When my spirit was in heaviness thou'knewest my'path: in the way wherein I walked have they'privily'laid a'snare for me.
- 4 I looked also upon my'right'hand : and saw there was'no man 'that would'know me.
- 5 I had no place to 'flee' unto: and no man' car-ed' for my 'soul.
- 6 I cried unto thee O'Lord and'said: Thou art my hope, and my portion' in the 'land of the' living.
- 7 Consider'my com'plaint: for I am'brought'very'low.
- 8 O deliver me'from my'persecutors : for'they are too'strong for 'me.
- 9 Bring my soul out of prison, that I may give thanks 'unto thy 'Name: which thing if thou wilt grant me, then shall the righteous re'sort 'unto my' company.

PSALM 143. Domine, exaudi.



HEAR my prayer O Lord, and consider 'my de'sire: hearken unto me for thy 'truth and 'righteousness' 'sake.

- 2 And enter not into judgement' with thy' servant: for in thy sight shall' no man' living be' justified.
- 3 For the enemy hath persecuted my soul, he hath smitten my life 'down to the 'ground: he hath laid me in the darkness, as the 'men that have 'been long' dead.

- 4 Therefore is my spirit' vexed with in me : and my heart with in me is desolate.
- 5 Yet do I remember the time past, I muse upon 'all thy' works: yea, I exercise myself in the works of 'thy hands.
- 6 I stretch forth my hands' unto 'thee : my soul gaspeth unto thee 'as a' thirsty' land.
- 7 Hear me O Lord and that soon, for my spirit' waxeth' faint: hide not thy face from me, lest I be like unto them that go' down 'into the' pit.
- 8 O let me hear thy loving-kindness betimes in the morning, for in thee 'is my' trust: shew thou me the way that I should walk in, for I lift up my' soul' unto' thee.
- 9 Deliver me O Lord' from mine' enemies: for I flee' unto' thee to 'hide me.
- 10 Teach me to do the thing that pleaseth thee, for thou 'art my 'God: let thy loving Spirit lead me forth' into the 'land of 'righteousness.
- 11 Quicken me O Lord for thy 'Name's 'sake: and for thy righteousness' sake bring my 'soul 'out of 'trouble.
- 12 And of thy goodness 'slay mine' enemies: and destroy all them that vex my soul, for 'I am' thy 'servant.

DAY 30. MORNING PRAYER.

PSALM 144. Benedictus Dominus.



BLESSED be the 'Lord my' strength: who teacheth my hands to war 'and my' fingers to 'fight;

- 2 My hope and my fortress, my castle and deliverer, my defender in 'whom I'trust: who subdueth my 'people' that is 'under me.
- 3 Lord what is man, that thou hast such respect 'unto' him: or the son of man, that thou' so re'gardest' him?

235

- 4 Man is like a 'thing of 'nought: his time' passeth a 'way like a 'shadow.
- 5 Bow thy heavens O Lord ' and come ' down : touch the 'mountains and ' they shall ' smoke.
- 6 Cast forth thy'lightning and'tear them: shoot out thine'arrows 'and con'sume them.
- 7 Send down thine hand 'from a'bove: deliver me and take me out of the great waters, from the 'hand of 'strange' children;
- 8 Whose mouth 'talketh of 'vanity: and their right hand 'is a right 'hand of 'wickedness.
- 9 I will sing a new song unto 'thee O'God: and sing praises unto thee up'on a 'ten-stringed' lute.
- 10 Thou hast given victory 'unto'kings: and hast delivered David thy servant from the 'peril' of the 'sword.

2nd Part

- 11 Save me and deliver me from the hand of 'strange' children: whose mouth talketh of vanity, and their right hand ' is a right 'hand of in'iquity.
- 12 That our sons may grow up as the 'young' plants: and that our daughters may be as the polished 'corners' of the 'temple.
- 13 That our garners may be full and plenteous, with all'manner of 'store: that our sheep may bring forth thousands, and ten 'thousands' in our'streets.
- 14 That our oxen may be strong to labour, that there be 'no de'cay: no leading into captivity, and no com'plaining 'in our' streets.
- 15 Happy are the people that are in 'such a 'case: yea blessed are the people who have the 'Lord for 'their 'God.

PSALM 145. Exaltabo te, Deus.



- I WILL magnify thee O'God my'King: and I will praise thy'Name for 'ever and'ever.
- 2 Every day will I give thanks 'unto' thee: and praise thy 'Name for 'ever and 'ever.
- 3 Great is the Lord, and marvellous worthy'to be' praised: there 'is no'end of his' greatness.
- 4 One generation shall praise thy works 'unto an'other: and de'clare 'thy' power.
- 5 As for me, I will be talking ' of thy ' worship : thy glory thy 'praise and' wondrous' works;
- 6 So that men shall speak of the might of thy 'marvellous' acts: and I will 'also' tell of thy 'greatness.

2nd Part

- 7 The memorial of thine abundant kindness' shall be' shewed: and 'men shall' sing of thy' righteousness.
- 8 The Lord is 'gracious and 'merciful: long-suffering' and of 'great' goodness.
- 9 The Lord is loving 'unto' every man: and his mercy is' over 'all his 'works.
- 10 All thy works praise 'thee O'Lord: and thy 'saints give 'thanks unto'thee.
- 11 They shew the glory of thy kingdom: and talk of thy power;
- 12 That thy power thy glory and mightiness of thy kingdom: might be known unto men.
- 13 Thy kingdom is an ever'lasting' kingdom : and thy dominion endureth through'out all'ages.
- 14 The Lord upholdeth all'such as'fall: and lifteth up all'those 'that are'down.



- 15 The eyes of all wait upon' thee O'Lord: and thou givest them their 'meat in' due' season.
- 16 Thou openest 'thine 'hand: and fillest 'all things 'living with 'plenteousness.
- 17 The Lord is righteous in 'all his' ways: and 'holy in 'all his' works.
- 18 The Lord is nigh unto all them that 'call up'on him: yea all such as 'call up'on him' faithfully.
- 19 He will fulfil the desire of 'them that' fear him: he also will hear their' cry' and will 'help them.
- 20 The Lord preserveth all 'them that 'love him: but scattereth a'broad'all the un'godly.
- 21 My mouth shall speak the 'praise of the 'Lord: and let all flesh give thanks unto his holy 'Name for 'ever and 'ever.

PSALM 146. Lauda, anima mea.



PRAISE the Lord O my soul, while I live will I'praise the 'Lord: yea, as long as I have any being, I will sing 'praises' unto my 'God.

- 2 O put not your trust in princes, nor in any 'child of 'man: for there 'is no'help in' them.
- 3 For when the breath of man goeth forth, he shall turn a'gain to his 'earth: and then'all his' thoughts' perish.
- 4 Blessed is he that hath the God of Jacob' for his' help: and whose hope is' in the' Lord his' God;

- 5 Who made heaven and earth, the sea and all that 'therein' is: who 'keepeth his' promise for 'ever;
- 6 Who helpeth them to right that 'suffer' wrong: who' feed'eth the 'hungry.
- 7 The Lord looseth men'out of 'prison: the Lord giveth' sight' to the 'blind.
- 8 The Lord helpeth them' that are 'fallen: the Lord' careth' for the 'righteous.
- 9 The Lord careth for the strangers, he defendeth the 'fatherless and 'widow: as for the way of the ungodly he 'turneth it 'upside 'down.
- 10 The Lord thy God O Sion, shall be King for 'ever'more: and through'out all'gene'rations.

DAY 30. EVENING PRAYER.

PSALM 147. Laudate Dominum.



- O PRAISE the Lord, for it is a good thing to sing praises' unto our 'God: yea a joyful and pleasant' thing it' is to be' thankful.
- 2 The Lord doth build 'up Je'rusalem : and gather to'gether the 'out-casts of 'Israel.
- 3 He healeth those that are 'broken in 'heart: and giveth 'medicine to 'heal their' sickness.
- 4 He telleth the 'number of the 'stars: and 'calleth them' all by their 'names.
- 5 Great is our Lord and 'great is his 'power: yea' and his 'wisdom is 'infinite.
- 6 The Lord setteth 'up the 'meek: and bringeth the un'godly 'down to the 'ground.
- 7 O sing unto the 'Lord with 'thanksgiving: sing praises upon the 'harp' unto our 'God;



- 8 Who covereth the heaven with clouds, and prepareth rain for the 'earth: and maketh the grass to grow upon the mountains, and 'herb for the use of men;
- 9 Who giveth fodder 'unto the 'cattle : and feedeth the young 'ravens that 'call up'on him.
- 10 He hath no pleasure in the 'strength of an 'horse: neither delighteth 'he in 'any man's 'legs.

2nd Part

- 11 But the Lord's delight is in 'them that' fear him: and 'put their 'trust in his' mercy.
- 12 Praise the Lord'O Je'rusalem: praise thy 'God'O' Sion.
- 13 For he hath made fast the 'bars of thy 'gates: and hath 'blessed thy 'children with'in thee.
- 14 He maketh peace 'in thy 'borders: and filleth thee 'with the 'flour of 'wheat.
- 15 He sendeth forth his commandment up'on 'earth : and his word 'runneth' very 'swiftly.
- 16 He giveth 'snow like 'wool : and scattereth the 'hoar'frost like 'ashes.
- 17 He casteth forth his'ice like'morsels: who is'able to a'bide his 'frost?
- 18 He sendeth out his 'word and' melteth them: he bloweth with his wind' and the 'waters' flow.
- 19 He sheweth his word'unto' Jacob : his statutes and'ordinances 'unto' Israel.

2nd 20 He hath not dealt so with 'any' nation: neither have the heathen Part 'knowledge' of his 'laws.

PSALM 148. Laudate Dominum.



- O PRAISE the 'Lord of 'heaven : praise him 'in the 'height.
- 2 Praise him all ye'angels of'his: praise him'all his'host.
- 3 Praise him'sun and'moon: praise him all ye'stars and'light.
- 4 Praise him'all ye'heavens: and ye waters that are a'bove the 'heavens.
- 5 Let them praise the 'Name of the 'Lord: for he spake the word and they were made, he commanded and they 'were cre'ated.
- 6 He hath made them fast for 'ever and 'ever : he hath given them a law which shall 'not be 'broken.
- 7 Praise the 'Lord upon' earth: ye dragons and 'all' deeps;
- 8 Fire and hail'snow and'vapours: wind and storm ful'filling his 'word:
- 9 Mountains and 'all 'hills: fruitful trees and 'all 'cedars;
- 10 Beasts and 'all' cattle: worms and 'feathered' fowls;
- 11 Kings of the earth and 'all 'people : princes and all judges' of the 'world;
- 12 Young'men and'maidens: old'men and'children.
- 13 Praise the 'Name · of the 'Lord : for his Name only is excellent, and his praise above 'heaven and 'earth.
- 14 He shall exalt the 'horn of his 'people : all his 'saints shall 'praise him.
- 2nd Pt. 15 Even the 'children of 'Israel: even the people that 'serveth' him.

Glory be to the Father, and 'to the 'Son: and to the 'Holy 'Ghost.

As it was in the beginning, is now and 'ever' shall be: world without end' A'men.

PSALM 148. Laudate Dominum.



- O PRAISE the 'Lord of 'heaven : praise 'him' in the 'height.
- 2 Praise him all ye'angels of 'his: praise' him'all his'host.
- 3 Praise him'sun and'moon: praise him'all ye'stars and'light.
- 4 Praise him'all ye'heavens: and ye waters that'are a'bove the 'heavens.
- 5 Let them praise the 'Name of the 'Lord: for he spake the word and they were made, he commanded 'and they 'were cre'ated.
- 6 He hath made them fast for 'ever and 'ever: he hath given them a law' which shall 'not be' broken.
- 7 Praise the 'Lord upon' earth: ye'dragons and 'all' deeps;
- 8 Fire and hail'snow and'vapours: wind and'storm ful'filling his 'word;
- 9 Mountains and 'all'hills: fruitful'trees and 'all'cedars;
- 10 Beasts and 'all' cattle : worms and 'feath'ered' fowls;
- 11 Kings of the earth and 'all' people : princes and all' judges' of the 'world;
- 12 Young men and maidens, old men and children, praise the 'Name of the' Lord: for his Name only is excellent, and his 'praise above' heaven and 'earth.

2nd 13 He shall exalt the horn of his people, all his 'saints shall 'praise him: Part even the children of Israel, even the 'people that 'serveth 'him.

PSALM 149. Cantate Domino.



- O sing unto the Lord a'new'song: let the congregation of saints 'praise him.
- 2 Let Israel rejoice in 'him that 'made him: and let the children of Sion be' joyful' in their 'King.
- 3 Let them praise his' Name in the' dance: let them sing praises unto 'him with' tabret and 'harp.
- 4 For the Lord hath pleasure' in his' people: and' helpeth the' meek'hearted.
- 5 Let the saints be 'joyful with 'glory: let them re'joice 'in their 'beds.
- 6 Let the praises of God be ' in their ' mouth : and a ' two-edged 'sword in their ' hands;
- 7 To be avenged of the heathen: and to re buke the people;
- 8 To bind their 'kings in 'chains: and their 'nobles with 'links of 'iron.

2nd 9 That they may be avenged of them, 'as it is 'written: Such Part 'honour have'all his 'saints.

PSALM 150. Laudate Dominum.



- O PRAISE God'in his'holiness: praise him in the'firmament'of his 'power.
- 2 Praise him in his 'noble' acts: praise him ac'cording to his' excellent 'greatness.
- 3 Praise him in the 'sound of the 'trumpet: praise him up'on the 'lute and 'harp.
- 4 Praise him in the 'cymbals and 'dances: praise him up'on the 'strings and 'pipe.
- 5 Praise him upon the 'well-tuned' cymbals: praise him up'on the 'loud' cymbals.
- 6 Let everything 'that hath 'breath: praise' ' the 'Lord.

