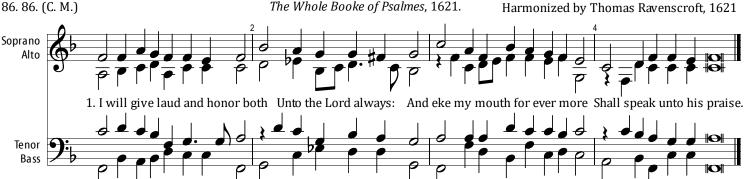
Psalm 34 (Abbey)

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2. I do delight to laud the Lord In soul and eke in voice: That humble men and mortified May hear and so rejoice.

Thomas Sternhold, 1547

- 3. Therefore see that ye magnify With me the living Lord: And let us now exalt his name, Together with accord.
- 4. For I myself besought the Lord, He answered me again:
 And me delivered incontinent
 From all my fear and pain.
- 5. Who so they be that him behold, Shall see his light most clear: Their countenance shall not be dashed, They need it not to fear.
- 6. This silly soul for some relief, Unto the Lord did call: Who did him hear without delay, And rid him out of thrall.
- 7. The angel of the Lord doth pitch his tents in every place:
 To save all such `as fear the Lord,
 That nothing them deface.
- 8. Taste and consider well therefore That God is good and just: O happy man that maketh him, His only stay and trust.
- 9. Fear ye the Lord ye holy ones, Above all earthly thing: For they that fear the living Lord, Are sure to lack nothing.

- 10. The lions shall be hungerbit, and pined with famine much: But as for them that fear the Lord, No lack shall be to such.
- 11. Come near therefore my children dearAnd to my words give ear:1 shall you teach the perfect way,How you the Lord shall fear.
- 12. Who is the man that would live long And lead a blessed life:
 See thou refrain thy tongue and lips
 From all deceit and strife.
- 13. Turn back thy face from doing ill, And do the Godly deed: Enquire for peace and quietness, And follow it with speed.
- 14. For why? the eyes of God above, Upon the just are bent His ears likewise doth hear the plaint Of the poor innocent.
- 15. But he doth frown and bend his brows Upon the wicked train And cuts away the memory, That should of them remain.
- 16. But when the just do call and cry, The Lord doth hear them so That out of pain and misery, Forthwith he lets them go.
- 17. The Lord is kind and merciful To such as be contrite He saves also the sorrowful. The meek, and poor in in spirit.

- 18. Full many be the miseries, That righteous men do suffer But out of all adversities. The Lord will them deliver.
- 19. The Lord doth so preserve and keep His very bones alway:
 That not so much as one of them,
 Doth perish or decay.
- 20. The sin shall slay the wicked man, Which he himself hath wrought And such as hate the righteous man Shall soon be brought to naught.
- 21. But they that serve the living Lord, The Lord doth save them sound: And who that put their trust in him, Nothing shall them confound.

Edited by B. C. Johnston, 2015.

- 1. All notes half value of original.
- 2. Measure 2, Medius: last note changed from B-natural to B-flat.
- 3. Converted to two staffs: Soprano = Tenor, moved up one octave; Alto = Medius; Tenor = Cantus, moved down one octave; Bass = Bassus.