

1 Now, my tongue, the mys- tery tell - ing,
 2 Given for us, and con - de - scen - ding
 3 That last night, at sup - per ly - ing,
 4 Word - made - flesh, true bread he ma - keth
 5 There - fore we, be - fore him bend - ing,
 6 Glo - ry let us give and bless - ing

of the glo - rious bo - dy sing,
 to be born for us be - low,
 'mid the Twelve, his cho - sen band,
 by his word his flesh to be,
 this great sa - cra - ment re - vere:
 to the Fa - ther and the Son,

and the Blood, all price ex - cel - ling,
 he, with men in con - verse blend - ing,
 Je - sus, with the law com - ply - ing,
 wine his blood; which who - so ta - keth
 types and sha - dows have their end - ing,
 , ho - nour, might, and praise ad - dress - ing,

which the Gen - tiles' Lord and King,
 dwelt the the seed of truth to sow,
 keeps the feast its rites de - mand;
 must from car - nal thoughts be free:
 for the new - er rite is here;
 while e - ter - nal a - ges run;

in a Vir - gin's womb once dwel - ling,
 till he closed with won - drous end - ing
 then, more pre - cious food sup - ply - ing,
 faith a - lone, though sight for - sa - keth,
 faith, our out - ward sense be - friend - ing,
 ev - er too his love con - fess - ing,

shed for this world's ran - som - ing.
 his most pa - tient life of woe.
 gives him - self with his own hand.
 shows true hearts the my - ste - ry.
 makes our in - ward vi - sion clear.
 who, from both, with both is one. A - men.