

Thomas Sternhold, 1547  
86. 86. (C. M.)

# Psalm 3

F Major  
Genevan Exiles, 1557

No copyright. Transcribed from Ravenscroft, *The Whole Booke of Psalmes*, 1621. Harmonized by Thomas Ravenscroft, 1621

Cantus  
1. O Lord, how are my foes increased, Which vex me more and more: They break my heart when as they say, God can him not restore.

Medius  
2. Then with my voice unto the Lord I did both call and cry; And He out of His holy hill Did hear me instantly.

Tenor  
3. If thousands up against me rise, I will not be afraid; For Thou art still my Lord and God, My Savior and my aid.

Bassus

Tr.  
1. But thou, O Lord, art my defense, When I am hard bested; My worship and my honor both And Thou hold'st up my head.

M.  
2. I laid me down, and quietly I slept, and rose again; For why? I know assuredly, The Lord did me sustain.

T.  
3. Salvation only doth belong To Thee, O Lord, above; Who on Thy people dost bestow Thy blessing and Thy love.

B.